



**choose  
you** > Live above  
the influence.

**"I choose to be the best mom for my daughter.  
I choose to live substance free."**

Leia B. > Omaha, Nebraska

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**NEBRASKA**  
Good Life, Great Mission.  
DEPT. OF HEALTH AND HUMAN SERVICES

See Leia's story and find resources to help you live substance free at: [dhhs.ne.gov/chooseyou](https://dhhs.ne.gov/chooseyou)